UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING/2019

# COURSE NUMBER NUR 4739 (Lynch Kelly/Elder Section: 01H5 and Yoon/Elder Section: 038E)

# 

COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

COREQUISITES NUR 3826 Legal and Ethical Issues in Nursing

# FACULTY OFFICE HOURS PHONE EMAIL

# Dr. Lynch Kelly HPNP 3225 Tue 1400-1600 352-273-6390 [dlynchkelly@ufl.edu](mailto:dlynchkelly@ufl.edu) Dr. Yoon HPNP 3223 Wed 1000-1200 352-273-6418 [yoon@ufl.edu](mailto:yoon@ufl.edu) Dr. Elder HPNP 2224 Tue 1000-1200 352-273-6318 [elderjh@ufl.edu](mailto:elderjh@ufl.edu)

COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intraprofessional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses using data from multiple relevant sources.

COURSE SCHEDULE

|  |  |  |
| --- | --- | --- |
| Day | Time | Room |
| Thursday  Thursday | 8:00 a.m. – 12:00 p.m.  1:00 p.m. – 5:00 p.m. | 6120 (section 01H5) Lynch Kelly/Elder  C1-15 (section 038E) Yoon/Elder |

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. General Approach

Use of the problem solving process to develop interdisciplinary plans of care for patients with complicated acute and chronic illnesses.

1. Application of concepts to exemplars across the lifespan.
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care.

C. Exemplars include patients with:

1. Prevalent blood disorders — e.g. iron deficiency anemia, sickle cell anemia, bleeding and clotting disorders
2. Prevalent cancers
3. Prevalent gastrointestinal illnesses
4. Prevalent issues in mental health nursing including substance abuse
5. Prevalent connective tissue illnesses
6. Prevalent endocrine disorders
7. Prevalent cardiac disorders
8. Prevalent vascular disorders

TEACHING METHODS

Lecture, group activities, and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

|  |  |
| --- | --- |
| Quizzes (it is likely there will be one to two quizzes each week of class) and Participation (participation includes anything that happens throughout the course, including assigned prep work, active learning activities, and course work other than case studies). You must be present in class to participate and receive credit for quizzes and participation. | 10% |
| Case studies | 15% |
| Group Presentation | 10% |
| Exam 1 | 15% |
| Exam 2 | 15% |
| Exam 3 (Comprehensive Final) | 35% |
| Total | 100% |

MAKE UP POLICY

***There is no make-up work in this course.*** All assignments are due as posted and will receive a zero grade if not received on time. There will be one dropped weekly grades for the semester. This dropped week includes illness and previously scheduled engagements. It is an expectation that exams will be completed as scheduled and you will attend class. You must be in class (in person) to receive participation points for quizzes, case studies, active learning activities, and discussion board assignments for that week unless otherwise specified by your instructor. It is considered a violation of the student honor code to engage in these activities if not present in class and will be reported to the Dean of Students Office as such.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

*Rude or discourteous behaviors (i.e. discourteous communication [verbal or non-verbal] and sleeping in class) will result in a 5-points participation reduction per instance. More than 3 instances will result in a dismissal from one class and a zero for any points for that class (including case studies and discussion board assignments).*

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their **own privacy screen** for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies - <http://nursing.ufl.edu/students-2/student-policies-and-handbooks/course-policies/>

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Student Use of Social Media

Faculty Evaluations

* 1. “Students in this class are participating in a pilot evaluation of a new course evaluation system called GatorEvals. The new evaluation system is designed to be more informative to instructors so that teaching effectiveness is enhanced and to be more seamlessly linked to UF’s CANVAS learning management system. Students can complete their evaluations through the email they receive from GatorEvals, or in their Canvas course menu under GatorEvals. Please note your other classes this semester may be evaluated in the current GatorRater online evaluation system at [https://evaluations.ufl.edu](https://evaluations.ufl.edu/) . Thank you for serving as a partner in this important effort.”

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED TEXTBOOKS

HESI. (2017). *Comprehensive review for the NCLEX-RN examination* (5th ed.). St. Louis,

Missouri: Elsevier.

Lewis, S.L., Bucher, L., Heitkemper, M.M., Harding, M.M., Kwong, J., & Roberts, D. (2017).

*Medical-Surgical nursing: Assessment and management of clinical problems* (10th ed.).

St. Louis, Mo: Elsevier.

Silvestri, L.A. (2017). Saunders comprehensive review for the NCLEX-RN examination

(7th ed.). St. Louis, MO: Saunders.

Townsend, M. C. (2016). *Essentials of psychiatric mental health nursing: Concepts of care in evidence-based practice* (7th ed.). FA Davis.

STUDENT RESPONSIBILITIES:

You are responsible for having the following supplies for this course: At least, either laptop with a privacy screen or a phone (either smart phone or flip phone) is required to participate in the classroom activities throughout the semester. Please plan accordingly. **Top Hat subscription**- <https://tophat.com/> (You will need to enter user code sent by Top Hat). You may have other courses using Top Hat: There is a $24.00 fee per semester NOT per class to purchase the Top Hat app. TopHat is interactive and you are expected to be in class when using TopHat for course work.

**You will not be permitted to take the exam and will receive a zero exam grade without showing the following items at sign in:**

1. **UF student ID (No substitution)**
2. **A privacy screen (if exam is not taken in the testing center)**

WEEKLY SCHEDULE

*Each course objective is woven throughout the weekly content lectures and assigned coursework*

| WEEK/DATE | \*TOPIC/EVALUATION | READINGS/ASSIGNMENTS |
| --- | --- | --- |
| 01/10/2019  Week 1  01/10/2019  Week 1 | Orientation  Psychiatric Mental Health Nursing | Review syllabus and the following links:  <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>  <http://www.dso.ufl.edu/students.php>  <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>  Mental Health and Illness Townsend: Chapter 1  Relationship Development and Therapeutic Communication Townsend: Chapter 6 |
| 01/17/2019  Week 2  *(Topical Outline# 4)* | Psychiatric Mental Health Nursing  (No live class; see notes in next column) | The following four lectures should be viewed so that students can use that content to engage in asynchronous discussion via the discussion board. There will not be a live class this day so the discussion board posts will count as the attendance grade.  The Recovery Model Townsend: Chapter 11- **video recorded**  The Nursing Process Townsend: Chapter 7 –**video recorded**  Milieu Therapy Townsend: Chapter 8 –**video recorded**  Intervention in Groups Townsend: Chapter 9 - **video recorded**  Appendix A Townsend: p. 797  Case studies and questions to be done via discussion board. |
| 01/24/2019  Week 3  *(Topical Outline# 4)* | Psychiatric Mental Health Nursing | Relevant Cultural and Spiritual Concepts Townsend: Chap. 5 –**video recorded**  Substance Use & Addictive Disorders Townsend: Chapter 14 –**video recorded**  Special populations: Children and Adolescents Chapter 24  Crisis Intervention Townsend: Chapter 10  Suicide Prevention Townsend: Chapter 12  Appendix B Townsend: p. 799  Appendix F Townsend: p. 832  Case study to be done in class |
| 01/31/2019  Week 4  *(Topical Outline# 4)* | Psychiatric Mental Health Nursing | Neurocognitive Disorders Townsend: Chapter 13 – **video recorded**  Schizophrenia Spectrum & Other Psychotic Disorders  Townsend: Chap. 15  Depressive Disorders Townsend: Chap. 16  Bipolar and Related Disorders Townsend: Chapter 17 only pp. 419-442  Case study to be done in class |
| 02/07/2019  Week 5  *(Topical Outline# 4)* | Psychiatric Mental Health Nursing | Somatic Symptom and Dissociative Disorders Townsend:  only pp. 506-527 – **video recorded**  Trauma-and Stressor-Related Disorders Townsend: Chap.19 only pp. 479-500 – **video recorded**  Anxiety, Obsessive-Compulsive, and Related Disorders  Townsend: Chap. 18 only pp. 449-474  Eating Disorders Townsend: Chapter 22  Personality Disorders Townsend: Chapter 23  Case study to be done in class |
| **Module 1 Complete: Exam 1 (weeks 1-5) Fri. 2/15/19, 8:30am-11:00am (C1-11)** | | |
| 02/14/2019  *(Topical Outline# 1)* | Hematologic Disorders | **Read: Lewis Chapter 29 and 30**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 02/21/2019  *(Topical Outline# 2)* | Cancer | **Read: Lewis Chapter 15**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 02/28/2019  *(Topical Outline# 6)* | Endocrine  (recorded lecture) | **Read: Lewis Chapter 47 and 49**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Case Study  Complete Discussion Board Assignment |
| 03/14/2019  *(Topical Outline# 8)* | Vascular Disease | **Read: Lewis Chapter 37**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| **Module 2 Complete: Exam 2 (weeks 6-9) Fri. 3/22/19, 3:00pm-5:00pm (CG-23)** | | |
| 03/21/2019  (section 01H5)  *(Topical Outline# 7)* | Coronary Disease and Dysrhythmias | **Read: Lewis Chapter 33 and 35**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determiner)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 03/28/2019  (section 038E)  *(Topical Outline# 7)* | Coronary Disease and Dysrhythmias | **Read: Lewis Chapter 33 and 35**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determiner)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 03/21/2019  (section 038E)  *(Topical Outline# 1, 3)* | Liver, Pancreas, and Biliary Tract Problems | **Read: Lewis Chapter 43**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 03/28/2019  (section 01H5)  *(Topical Outline# 1, 3)* | Liver, Pancreas, and Biliary Tract Problems | **Read: Lewis Chapter 43**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 04/04/2019  (section 01H5)  *(Topical Outline# 3)* | Lower Gastrointestinal Problems | **Read: Lewis Chapter 47 and 49**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 04/11/2019  (section 038E)  *(Topical Outline# 3)* | Lower Gastrointestinal Problems | **Read: Lewis Chapter 47 and 49**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 04/04/2019  (section 038E)  *(Topical Outline# 5)* | Arthritis and Connective Tissue Diseases | **Read: Lewis Chapter 64**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| 04/11/2019  (section 01H5)  *(Topical Outline# 5)* | Arthritis and Connective Tissue Diseases | **Read: Lewis Chapter 64**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Active Learning Activity (to be determined)  NCLEX review questions (TopHat)  Complete Discussion Board Assignment |
| **04/18/2019** | **GROUP PRESENTATIONS (UPLOAD MATERIALS BY 11:59 P.M. 04/14/2019)** | |
| **Module 2 Complete: Exam 3**  **FINAL EXAM COMPREHENSIVE**  **Mon. 4/29/19, 8:00am-11:00am (CG-23)** | | |

\*It is possible topics will change due to unforeseen circumstances. You will receive an announcement should the need arise to make any changes