UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING 2019

# COURSE NUMBER NUR 4739 Section 1G75

COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

COREQUISITES NUR 3826 Legal and Ethical Issues in Nursing

# FACULTY

# Michael Aull, MSN, RN, CEN

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# Dr. Debra Lyon, PhD, RN, FAAN

Executive Associate Dean

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COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intra-professional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses using data from multiple relevant sources.

COURSE SCHEDULE

Wednesday 8:30am – 12:35 pm Room POB 3083

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. General Approach

Use of the problem solving process to develop interdisciplinary plans of care for patients with complicated acute and chronic illnesses.

1. Application of concepts to exemplars across the lifespan.
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care.

C. Exemplars include patients with:

1. Prevalent blood disorders — e.g. iron deficiency anemia, sickle cell anemia, bleeding and clotting disorders
2. Prevalent cancers
3. Prevalent immune illnesses
4. Prevalent gastrointestinal illnesses
5. Prevalent behavioral disorders e.g. major depression, psychoses, bipolar disorders.
6. Prevalent nervous system illnesses
7. Prevalent musculoskeletal and connective tissue illnesses
8. Prevalent endocrine disorders, e.g. thyroid
9. Prevalent cardiac/vascular disorders
10. Substance abuse

TEACHING METHODS

Lecture, group activities, and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

Quizzes 10%

Case studies (weekly) 15%

Exam 1 15%

Exam 2 15%

Exam 3 (Comprehensive Final) 35%

Final Individual Project 10%

TOTAL 100%

MAKE UP POLICY

There will be no make-up work in this class. If an assignment is turned in late 30% will be deducted for each day that it is late:

Day 1 -30%

Day 2 -60%

Day 3 -90%

>Day 4 0%

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies - <http://nursing.ufl.edu/students-2/student-policies-and-handbooks/course-policies/>

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Student Use of Social Media

Faculty Evaluations

* 1. “Students in this class are participating in a pilot evaluation of a new course evaluation system called GatorEvals. The new evaluation system is designed to be more informative to instructors so that teaching effectiveness is enhanced and to be more seamlessly linked to UF’s CANVAS learning management system. Students can complete their evaluations through the email they receive from GatorEvals, or in their Canvas course menu under GatorEvals. Please note your other classes this semester may be evaluated in the current GatorRater online evaluation system at [https://evaluations.ufl.edu](https://evaluations.ufl.edu/) . Thank you for serving as a partner in this important effort.”

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

STUDENT RESPONSIBILITIES

\* *You are responsible for having the following supplies for this course: At least, either laptop with a privacy screen or a phone (either smart phone or flip phone) is required to participate in the classroom activities throughout the semester*. *Please plan accordingly.* **Top Hat subscription**- https://tophat.com/ (You will need to enter user code sent by Top Hat which can be found in Canvas under the Professor’s Welcome). You may have other courses using Top Hat: There is a $24.00 fee per semester NOT per class to purchase

REQUIRED TEXTBOOKS

HESI. (2014). *Comprehensive review for the NCLEX-RN examination* (5th ed.). St. Louis,

Missouri: Elsevier.

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M. (2017).

*Medical-Surgical nursing: Assessment and management of clinical problems* (10th ed.).

St. Louis, Mo: Mosby.

Silvestri, L.A. (2017). Saunders comprehensive review for the NCLEX-RN examination

(6th ed.). St. Louis, MO: Saunders.

Townsend, M. C. (2016). *Essentials of psychiatric mental health nursing: Concepts of care in evidence-based practice* (7th ed.). FA Davis.

WEEKLY CLASS SCHEDULE

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| Week | DATE | | TOPIC/EVALUATION | READINGS (Assignments and readings are posted in Canvas) | | FACULTY | |
| 1 | 1/09/2019 | | Course Orientation and beginning coverage of Clients with Mental Illness | Townsend, Chapters 1,3,5-9  Concepts: Stress | | Dr. Lyon | |
| 2 | 1/16/19 | | Clients with Mental Illness | Townsend, Chapters 13-17;  Concepts: Stress | | Dr. Lyon | |
| 2 B | **1/11/19** | | Clients with Mental Illness | Townsend, Chapters 10, 11, 12 | | **Mental Health First Aid**,  Dr. D’Alessandro and Guest Speaker | |
| 3 | 1/23/19 | | Clients with Mental Illness | Townsend, Chapters18, 22 and 24, pages 479-500; 506-527 and 552-563  Concepts: Stress | | Dr. Lyon | |
| 4 | 1/30/19 | | Coronary Artery Disease and Acute Coronary Syndrome  Dysrhythmias | Lewis, Chapters 33  Lewis, Chapter 35  Concepts: Oxygenation and Perfusion | | Professor Aull | |
| 5 | 2/6/19 | | Vascular Disorders | Lewis, Chapters 37  Concepts: Oxygenation and Perfusion | | Professor Aull | |
| 5 | 2/8/19 | | **EXAM 1** | Includes material from Weeks 1-4 | |  | |
| 6 | 2/13/19 | | Renal Failure  Renal Dysfunction | Lewis, Chapter 46  Perry, Chapter 44  Concepts: Regulation, Metabolism & Elimination  Pediatric Enuresis | | Professor Aull | |
| 7 | 2/220/19 | | Clients with Cancer: Management of Chemotherapy and Radiation Therapy | Lewis, Chapter 15  Perry, pages 1380-1388, 1408  Concepts: Safety, Immunity & Vulnerability, Comfort, Chronic Pain | | Professor Aull | |
| 8 | 2/27/2019 | | Hematologic Dysfunction | Lewis, Chapters 29 and 30  Perry, pages 1362-1379  Concepts: Oxygenation, Immunity, Vulnerability, Comfort, Acute Pain | | Professor Aull | |
| 9 | 3/4-3/19 | | Spring Break | Have Fun and Relax | | No Class | |
| 10 | 3/13/19 | | Intestinal Problems | Lewis, Chapter 42  Perry, Chapter 41 (1274-1278 and 1289-1294)  Concepts: Elimination and Nutrition | | Professor Aull | |
| 10 | 3/15/19 | | **EXAM 2** | Includes material from Weeks 5,6,7 and 8 | |  | |
| 11 | 3/20/19 | | Liver Dysfunction | Lewis, Chapter 43  Perry, pages 1283-1289  Concepts: Regulation/Metabolism and Nutrition | | Professor Aull | |
| 12 | 3/27/19 | | Endocrine Dysfunction | Lewis, Chapters 47 and 49  Perry, Chapter 46  Concepts: Regulation/Metabolism and Fluid & Electrolyte Balance | | Professor Aull | |
| 13 | 4/3/19 | | Headaches, Seizures, CP, and TBI | Lewis, Chapters 55,56 & 58  Perry, pages 1428-1433, 1445-1459, 1571-1576  Concepts: Cognition, Acute Pain, Mobility | | Professor Nobles  (guest speaker) | |
| 14 | 4/10/19 | | Musculoskeletal Disorders | Lewis, Chapter 64  Perry, pages 1556-1558  Concepts: Mobility | | Professor Aull | |
| 15 | 4/17/19 | | Individual Project Presentations | See assignment information in Canvas | | Students,  Professor Aull | |
| 16 | 4/19/19 | | Exam #3 (8:30-10:30 a.m.) | This will be a comprehensive exam with an emphasis on material covered during weeks 10-14 | |  | |
| Approved: | | | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | | | 09/09; 02/12  09/09; 03/12  10/09; 04/12 | |

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