UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING 2019

COURSE NUMBER NUR 3535C

COURSE TITLE Clinical Reasoning and Personalized Nursing Care: Mental Health

CREDITS 04 (3/1) 45 clinical hours

PREREQUISITE NUR 3066C Clinical Reasoning Health Assessment

 NUR 3737C Principles of Personalized Nursing Care 1

COREQUISITE None

FACULTY

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 College of Nursing

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COURSE DESCRIPTION This course provides foundational knowledge and principles of personalized nursing care in prevention, treatment, and recovery of mental illness and substance misuse disorders across the life span. Emphasis is on using biobehavioral theories to design personalized nursing care for promoting mental health and recovery.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Explain how use of therapeutic communication in the nurse-patient relationship enhances the well-being of individuals living with mental illness.
2. Provide mental health focused personalized nursing care that integrates cultural humility and cultural competency.
3. Demonstrate core professional values and legal/ethical principles to the provision of mental health focused personalized nursing care.
4. Integrate evidence-based approaches to enhance patient outcomes, including quality of life for individuals with mental illnesses across the lifespan.
5. Demonstrate interprofessional collaboration and care coordination strategies to advocate for the mental health of individuals and families.
6. Evaluate approaches to managing selected mental illnesses and substance misuse disorders using personalized nursing care.

COURSE SCHEDULE

 Section Instructor Day Time Room

 35C3 Moosvi Wed 8:00-11:00am 1101

 35C4 Elder Wed 1:00-4:00pm 1101

 35C5 Moosvi Thurs 8:00-11:00am G210

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TEACHING METHODS

Lecture/discussion

Simulated clinical practice

Supervised clinical practice experiences

Seminar/debriefing

LEARNING ACTIVITIES

Participation in small group activities and class discussion

Assigned readings

Clinical practice (simulated and instructor supervised)

EVALUATION METHODS/COURSE GRADE CALCULATION

Midterm Exam 25%

Cumulative Final Exam (HESI) 25%

Teaching project 25%

Case study 15%

Pre-class assignment 10%

 100%

EXAM AVERAGE

Students must have an average unit exam score and comprehensive health assessment demonstration score greater or equal to 74% in order to pass the course. Students must achieve an average of 74% on the exams BEFORE the remaining assignment percentages are calculated into the final course grade.

COMPREHENSIVE FINAL EXAM

A Mental Health HESI Specialty Exam will be used for the comprehensive final exam.  Students, please note that this is not a benchmark HESI Exam.  The raw score will be converted to a percentage and used for your final exam score.  You will have just one attempt as this is a final exam. This one exam does not singularly determine your progression to the next semester. The NUR 3227C: Personalized Nursing Care 2 HESI- Fundamentals of Nursing is the benchmark exam for Spring 2019. ​

GRADE ROUNDING

No grades will be rounded including the final exam averages and final course grade.

CLINICAL LABORATORY PERFORMANCE (S/U)\*

Midterm exam will be given in week 8, based on content presented or assigned previously (non-cumulative). A comprehensive final exam will be given during final exam week.

The course project and case study assignment will be evaluated by the course instructor consistent with the grading rubric included with the posted description of the assignment as distributed on the course Canvas site.

Clinical performance (S/U) Satisfactory performance on all clinical and laboratory experiences is required to receive a passing grade for this course. Clinical experience will be evaluated by faculty assessment of student performance based on the course clinical evaluation form and completion of simulation activities. A rating of satisfactory represents satisfactory achievement of clinical learning objectives and a rating of unsatisfactory represents unsatisfactory performance. Regardless of grades on other course assignments or exams, **a student receiving an unsatisfactory evaluation in the clinical component of a course will be assigned a course grade of E.** Students will be required to repeat the course before progressing to the next semester.

Progression in the College of Nursing baccalaureate program requires that students maintain a “C” or above and a satisfactory grade in clinical practice for all required nursing courses.

<https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.03-Academic-Progression-for-Baccalaureate-Degree-Students.pdf>

Students who fail to maintain a “C” grade or satisfactory in a clinical courses must complete an out-of-sequence petition in order to create a program improvement plan: <https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.15-Out-of-Sequence-Progression.pdf>

CLASS ATTENDANCE AND MAKEUP POLICY

Collaborative learning is an essential component of this course; therefore, attendance is expected at all scheduled class and laboratory sessions. Advanced notice of absence is expected. In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., professional conferences **with advanced notice**), military obligation, severe weather conditions, religious holidays, and participation in official university activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) are excused. Makeup assignments for excused absences will be negotiated with the instructor. **If at all possible**, the course instructor must be notified in advance if an exam is missed due to an extenuating circumstance. If no notice is given or without prior approval of an absence for a reason listed above, a grade of zero will be assigned. Students may not opt out of any exams.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

LATE ASSIGNMENTS

Students are expected to plan in advance and submit assignments by posted due dates. There will be a 10% deduction per day on late assignments. After 3 days, you will receive a zero on the assignment unless you approved in advance by your instructor.

GRADING SCALE/QUALITY POINTS

 A 95-100 (4.0) C 74-79\* (2.0)

 A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

 B 84-90 (3.0) D 64-69 (1.0)

 B- 82-83 (2.67) D- 62-63 (0.67)

 C+ 80-81 (2.33) E 61 or below (0.0)

 \* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/process/student-conduct-honor-code/>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies - <http://nursing.ufl.edu/students-2/student-policies-and-handbooks/course-policies/>

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Student Use of Social Media

Faculty Evaluations

* 1. “Students in this class are participating in a pilot evaluation of a new course evaluation system called GatorEvals. The new evaluation system is designed to be more informative to instructors so that teaching effectiveness is enhanced and to be more seamlessly linked to UF’s CANVAS learning management system. Students can complete their evaluations through the email they receive from GatorEvals, or in their Canvas course menu under GatorEvals. Please note your other classes this semester may be evaluated in the current GatorRater online evaluation system at [https://evaluations.ufl.edu](https://evaluations.ufl.edu/) . Thank you for serving as a partner in this important effort.”

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED TEXTBOOKS

Townsend M. C & Morgan, K. I. (2018). *Psychiatric Mental Health Nursing: Concepts of care in evidence-based practice, 9th Ed.. Philadelphia, PA, Davis company.*

WEEKLY CLASS SCHEDULE

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| Date | Topics | Course objectives |
| Week 1Jan. 9/10 | Course IntroductionConcepts and foundations: Mental Health and Mental Illness & Psychological adaptations | Program Outcome (PO)-Course Objectives (CO)- |
| Week 2Jan. 16/17 | Cultural/Spiritual concepts in Mental Health Ethics and Recovery Model | PO 2,3,7,8,10 &11CO 1,2,3&5 |
| Week 3Jan. 23/24 | Therapeutic Approaches (relationships, therapeutic communication, Milieu)  | PO 3,11CO 1,4 |
| Week 4Jan. 30/31 | Therapeutic Approaches (crisis intervention, anger and Aggression) | PO 8, 10CO 3,4, & 6 |
| Week 5Feb. 6/7 | Suicide Prevention | PO 2,3,7,8,&11CO 1,3,4 & 5 |
| Week 6Feb 13/14 | Therapies (Behavioral, Cognitive, ECT, Recovery Model) | PO 2,3,8,11CO 1,3,6 |
| Week 7Feb 20/21 | Substance-related and addictive disorders)  | PO 2,3,7,8 &11CO 1,3,4,5 & 6 |
| Week 8 Feb 27/28 | Disorders: Neurocognitive, Schizophrenia and other psychotic disorders | PO 3,8,11CO 2,4,5,6 |
| **March 1st 8:30AM** | **Mid-Term Exam****HPNP Auditorium** |  |
| Week 9Mar 6/7 | SPRING BREAK |  |
| Week 10Mar 13/14 | Mood disorders  | PO 3,8,9,11CO 4,5,6 |
| Week 11Mar 20/21 | Anxiety, stress and trauma | PO 2,3,7,8,& 11CO 1,2,3,4,&5 |
| Week 12Mar 27/28 | Eating disorders  | PO 2, 3, 8, 10, 11CO 2,5 |
| Week 13Apr 3/4 | Personality Disorders  | PO 2,3,4CO 1-6 |
| Week 14Apr 10/11 | PMH: Children and Adolescents | PO 2,3,7,9,11CO 4,5 |
| Week 15Apr 17/18 | PMH: Aging Individual  | PO 2,3,7,9,11CO 4,5 |
| Week 16 | April 24thApril 25th: Reading Days Begins |  |
| **May 2nd****10:30AM** | **Final Exam - HESI Specialty Exam****Testing Center** |  |

Program Outcomes:

1. Apply critical thinking to synthesize knowledge grounded in liberal education and nursing, in the practice of professional nursing in the global community.
2. Collaborate with the healthcare team and clients to provide safe and cost effective high quality health care.
3. Integrate evidence-based findings in decision-making in the practice of professional nursing.
4. Appraise current evidence to evaluate health care safety and quality improvement initiatives for individuals and groups.
5. Analyze information from health care technology systems to apply evidence that will guide nursing practice.
6. Utilize knowledge of health care regulation to advocate for policy change to improve health care systems and professional nursing practice.
7. Illustrate the importance of advocacy in the improvements in nursing practice and throughout the healthcare system.
8. Demonstrate professional communication, collaboration and documentation with healthcare teams to support improvement in patient health outcomes.
9. Utilize health promotion, health maintenance, and disease prevention strategies across settings to improve the health of diverse individuals and populations across the lifespan.
10. Demonstrate professional competence and values reflective of professional nursing standards and mutual respect within a global society.

11. Build therapeutic alliance with patients and families to provide personalized care

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| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 02/1802/1803/18 |