UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE OUTLINE

Spring 2019

COURSE NUMBER NGR 6509L section 1024

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Family and Individual Psychotherapy Clinical

CREDITS 03 (144 minimum required clinical hours)

PLACEMENT DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

# PREREQUISITE NGR 6503L Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy Clinical

# COREQUISITE NGR 6509 Psychiatric-Mental Health Nurse Practitioner: Family Psychotherapy

FACULTY Tina D’allessandro, PhD, ARNP, PMHCNCNS-BC

 Assistant Clinical Professor, PMHNP Track Coordinator

 Jacksonville Campus

 Office hours by Appointment

 dalessa@ufl.edu(C) 904-4173773

Jodi Irving, MS, PMHNP, CS (guest)

 Professor Emeritus

 Office 4222 HPNP Complex

 Office hours by appointment

 irvinja@ufl.edu (C) 352-665-9277

COURSE DESCRIPTION This course provides the student with the advanced clinical skills to use family psychotherapy to intervene with clients experiencing dysfunctional family patterns. Emphasis is on application of selected theoretical and conceptual models for assessing, planning, treating, and evaluating families with dysfunctional patterns and restoring mental health. In addition, this course continues to develop advanced clinical skills to intervene with clients across the lifespan experiencing acute and chronic psychiatric disorders and mental health issues in a variety of settings. The impact of political, legal, economic, social, cultural, and technological factors on families is explored.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Integrate the role of the advanced practice nurse into clinical practice with families and individuals.
2. Utilize theoretical and conceptual models as a basis for advanced nursing practice with families and individuals.
3. Implement family psychotherapy to treat clients with dysfunctional family patterns and to promote, maintain, and restore family system functioning.
4. Implement individual psychotherapy to treat clients across the lifespan with acute and chronic mental disorders/illnesses and to promote, maintain, and restore mental health.
5. Evaluate effectiveness of treatment plans for individuals and families.
6. Collaborate with clients and other health care providers to provide holistic care to families and individuals.
7. Incorporate current research related to family and individual psychotherapy to support treatment planning.
8. Use self-awareness of emotional and behavioral responses from one’s own family system to enhance the therapeutic process.

CLINICAL SCHEDULE

 To be arranged with preceptor, student and faculty member.

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Supervised clinical practice, Online individual and group supervision, written assignments, audiovisual materials, and selected readings.

LEARNING ACTIVITIES

Clinical practice, written assignments, readings and clinical reports.

# CLINICAL EVALUATION

**Minimum Required Clinical Practice Hours: 144 hours**

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit or otherwise arranged. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation of conferences will be made available to each student. **Final evaluation conferences with the faculty member are mandatory and will be held before or during the last week of each clinical rotation**. A student may request additional conferences at any time by contacting the clinical faculty member.The faculty will use Typhon or otherwise communicate with the student to schedule the site visits.

**Students are required to use Typhon software associated with the UF account to schedule all clinical days and to record patient case logs and time logs.  Students also assess their learning experience using Clinical Site Assessment Form G.  Completed Form G is submitted under Assignments tab in Canvas. At the end of the clinical experience the student completes a self-evaluation and the faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.**

**Typhon clinical log information must be kept up to date weekly. The student has a 7 day window to post each clinical contact.**

**Each Case Log on every patient that the student observed, participated with the preceptor, provided assessment, offered recommendations and/or provided care must be complete and include all requested information, supporting the documentation of required 144 clinical hours.**

**Time Logs must be complete to include all student meetings with preceptors, focused on patient care and participation in seminars/supervisions as scheduled.**

**Satisfactory completion of all Typhon documentation requirements partially meets course objectives for clinical evaluation.**

MAKE UP POLICY

Course Assignments will be made up according to permission of the instructor and on a case-by-case basis.

GRADING SCALE/QUALITY POINTS

Clinical component:

S Satisfactory = Meets course objectives

 U Unsatisfactory = Does not meet course objectives

For more information on grades and grading policies, please refer to University’s grading policies: http://gradcatalog.ufl.edu/content.php?catoid=4&navoid=907#grades

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Student Use of Social Media

Faculty Evaluations

* 1. “Students in this class are participating in a pilot evaluation of a new course evaluation system called GatorEvals. The new evaluation system is designed to be more informative to instructors so that teaching effectiveness is enhanced and to be more seamlessly linked to UF’s CANVAS learning management system. Students can complete their evaluations through the email they receive from GatorEvals, or in their Canvas course menu under GatorEvals. Please note your other classes this semester may be evaluated in the current GatorRater online evaluation system at [https://evaluations.ufl.edu](https://evaluations.ufl.edu/) . Thank you for serving as a partner in this important effort.”

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED ELECTRONIC RESOURCES

[www.state.sc.us/dmh/clinical/guidelines.htm](http://www.state.sc.us/dmh/clinical/guidelines.htm)

REQUIRED TEXTBOOKS

American Nurses Association, American Psychiatric Nurses Association, & International Psychiatric Nurses (2014). *Scope and standards of psychiatric-mental health nursing practice.* Washington, DC: ANA.

American Psychiatric Association. (2013). *Desk Reference to the Diagnostic Criteria from*

 *DSM-5.* Washington, DC: Author. ISBN 978-0-89042-556-5.

Kaplan, H. I., & Sadock, B. J. (2010). *Pocket handbook of clinical psychiatry (5th ed.)*. Baltimore, MD: Williams & Wilkins.

Wheeler, K. (2013). *Psychotherapy for the Advanced Practice Psychiatric Nurse(2nd ed).*

 *A how-to guide for evidence- based practice.* St. Louis: Mosby

Approved: Academic Affairs Committee: 01/08; 01/13

Faculty: 02/08; 01/13

UF Curriculum: 10/08; 03/13